|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to maintain a healthy body weight or to lose weight** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 199 | 18.1 | 11.2 - 28.0 | 509 | 17.5 | 12.5 - 23.9 | 708 | 17.6 | 13.4 - 22.8 |
| 30-44 | 278 | 23.5 | 17.3 - 31.2 | 565 | 25.8 | 19.8 - 32.9 | 843 | 25.1 | 20.5 - 30.3 |
| 45-59 | 135 | 18.2 | 10.0 - 30.9 | 257 | 25.4 | 14.6 - 40.4 | 392 | 22.8 | 15.0 - 33.2 |
| 45-69 | 126 | 59.9 | 49.5 - 69.5 | 283 | 59.2 | 51.5 - 66.4 | 409 | 59.5 | 53.4 - 65.3 |
| 60-69 | 60 | 9.5 | 3.4 - 24.1 | 163 | 19.9 | 11.5 - 32.3 | 223 | 15.4 | 9.0 - 24.9 |
| **Total** | **798** | **25.8** | **21.5 - 30.6** | **1777** | **25.3** | **21.8 - 29.2** | **2575** | **25.5** | **22.7 - 28.5** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 478 | 16.0 | 11.8 - 21.1 | 1134 | 20.3 | 15.9 - 25.5 | 1612 | 19.0 | 15.6 - 22.9 |
| Urban | 320 | 40.3 | 32.8 - 48.3 | 643 | 36.9 | 31.8 - 42.3 | 963 | 38.2 | 33.8 - 42.9 |